

A woman with dark hair pulled back, wearing a white blazer, is lying on her back on a green lawn. She is smiling and has her hands behind her head. A brown leather suitcase is open and lying on the grass to her left. The background is a lush green lawn.

CREFLO DOLLAR

It's  
to

# Time Rest!

HOW TO REST IN THE FINISHED WORKS OF JESUS CHRIST

It's  
to **Time**  
**Rest!**

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# Chapter 1

## Everything Has Been Made Ready

It is not in God's character or nature to ever place man in a position where there are unfinished works. Have you ever noticed that Adam wasn't formed and put on the earth until after God had created everything and finished His work? God did not make man until everything he would ever need was made ready on the earth. Take a look at Genesis 2:1-7:

“Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made. These are the generations of the heavens and of the earth when they were created, in the day that the LORD God made the earth and the heavens, And every plant of the field before it was in the earth, and every herb of the field before it grew: for the LORD God had not caused it to rain upon the earth, and there was not a man to till the ground. But there went up a mist from the earth, and watered the whole face of the ground. And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.”

Now, if God didn't create Adam and put him on the earth until after He had made everything ready for him, why in the world would He put *you* here on the earth and not have everything that you'll ever need in life made ready for you? I'm telling

you, it's already been made ready! It is finished! It is done! It is complete! But, if you doubt that everything you'll ever need in life has already been made available, take a look at 2 Peter 1:3, "According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue."

This divine power is called grace. Grace has given us all things that pertain to life and godliness. God has already provided for everything you'll need in this life. He has provided every avenue necessary for you to become free. What you have to learn how to do is use your faith to go fishing, and to pull out of that unseen realm the provisions that have already been finished. When you release your faith for those provisions, your faith will bring over into this natural world the manifestation of whatever you need. God wants you to trust and believe that whatever you lack or whatever you need, He's already provided it for you. He needs you to release your faith and say "I believe that God is my answer. I believe that God is my way out."

So, how do you access this divine power called grace? As I just stated in the previous paragraph, it is by faith. Look at Romans 5:2, "By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God." So if the Word says we access grace by faith, answer this series of questions for me. How do you access salvation? By faith. How do you access deliverance? By faith. How do you access healing? By faith. How do you access prosperity? By faith. How do you access a job? By faith. How do you access a good husband or wife? By faith.

We can access this grace by faith and enjoy the manifested Word of God in our lives, where we can see, touch, handle and say, there it is! But it's going to require faith to access everything that

has been made ready, everything that Jesus has finished. And how does faith come? “So then faith cometh by hearing, and hearing by the word of God” (Romans 10:17).

The Word of God will produce faith and faith will give you access into this grace. So when you get full of the Word, you get full of faith. Everything has been done ladies and gentlemen. Everything we struggle to get has already been done. But you have no access or entrance into the finished works of Christ unless you do it by faith. You have to learn how to grow your faith, just like you would grow collard greens, or like some of you used to grow weed! Growing your faith takes time and some effort. When I say effort, I’m talking about effort that depends on your works as the source versus efforts that depend on God as the source. God is your source, so your efforts are always going to be faith efforts. It’s doing what’s necessary to release our faith. You have entrance into everything that’s been finished for you, by faith. But as I often say, no Word, no faith! As a Christian, if you don’t know what the Word says, you won’t know what to believe. You have to get the Word of God even to know what to believe. For example, how do you know healing has been made available to you? Because the Word says so. How do you know that salvation has been made available to you? The Word says so. How do you know that finances have been made available to you? The Word says it. When you know and believe what the Word says, you can then use your faith to access all that grace has made available to you.





## Chapter 2

# Are You a Believer?

There is never going to be real rest in the life of a Christian who's constantly battling whether he or she can believe what Jesus has already done. This is the issue: sometimes we say we're using our faith to try to get God to do some things that we need done in our lives, like healing or deliverance from something. But when you do that, you're actually demonstrating unbelief. Jesus healed and delivered you over two thousand years ago. Believing that and entering into God's rest is probably the #1 area where Christians keep letting things slip. One day we say we're resting in God. But then some pressure comes at us and we're no longer resting in God. It's kind of like we're going in and out of the Promised Land.

But, as I stated in the previous chapter, what you have to understand is that God never puts man in a position where things aren't ready for him. God made everything and then He made a man, after He formed the earth and got everything in order (Genesis 1, 2).

You will never enter into God's rest without believing His Word. The Bible says there's one area where God wants you to believe: labor to enter into His rest. But what does it mean to "rest"?

"For we who have believed (adhered to and trusted in and relied on God) do enter that rest, in accordance with His declaration that those [who did not believe] should not enter when He said, As I swore in My wrath, They shall not enter My rest; and this He said although [His] works had been completed *and* prepared [and waiting for all who would believe] from the foundation of the world" (Hebrews 4:3, AMP).

The Greek meaning for that word rest means “a causing to cease” or “repose.” The word repose is defined as “rest, peace, tranquility, dignified calmness, and composure.”

God doesn't tell us to labor to try to be healthy, rich, or famous, which is what most of the world does. He told us to labor to enter into His rest. Why? Because Jesus has already done everything you'll ever need. He just needs for you to rest (maintain a peaceful, tranquil, dignified, calm composure) whether you're entering a storm, in the midst of a storm, or exiting a storm in your life, in order for you to lay hold of what has already been done. I'm telling you, Jesus will prepare your next 24 hours while you're asleep. But until you rest, He won't work. When you rest, that's when He'll work. This may be the very area that's stopping things from coming to pass and getting breakthrough in your life.

Now listen; rest doesn't mean inactivity. Belief requires effort. Belief may mean that you will have to talk to yourself every ten minutes to cast down unbelieving thoughts. That's labor! That's how you labor to enter into God's rest. Laboring is casting down negative thoughts and making sure you don't let anything crazy come out of your mouth that goes against what you believe. Meditating in the Word so you can remain peaceful about a situation—that's labor. Praising God when you feel like crying—that's labor. Praising God **while** you're crying—that's labor. But you're still resting because while you're laboring, you're laboring with the peace, and the comfort, and the joy of knowing that you're laboring to maintain what Jesus has already obtained on your behalf.

Refuse to be someone who walks in unbelief toward what He's already done. You can accomplish a lot of things if you're doing it knowing that it's already done. In the following chapter,

I'll show you a perfect illustration of people who believed God's promises and inherited them (Joshua and Caleb) versus those who murmured and complained (the children of Israel) and as a result, failed to enter into God's rest and inherit His promises.



## Chapter 3

# Whose Report Will You Believe?

“And all the congregation cried out with a loud voice, and [they] wept that night. All the Israelites grumbled *and* deplored their situation, accusing Moses and Aaron, to whom the whole congregation said, Would that we had died in Egypt! Or that we had died in this wilderness! Why does the Lord bring us to this land to fall by the sword? Our wives and little ones will be a prey. Is it not better for us to return to Egypt? And they said one to another, Let us choose a captain and return to Egypt. Then Moses and Aaron fell on their faces before all the assembly of Israelites. And Joshua son of Nun and Caleb son of Jephunneh, who were among the scouts who had searched the land, rent their clothes, And they said to all the company of Israelites, The land through which we passed as scouts is an exceedingly good land. If the Lord delights in us, then He will bring us into this land and give it to us, a land flowing with milk and honey. Only do not rebel against the Lord, neither fear the people of the land, for they are bread for us. Their defense *and* the shadow [of protection] is removed from over them, but the Lord is with us. Fear them not. But all the congregation said to stone [Joshua and Caleb] with stones. But the glory of the Lord appeared at the Tent of Meeting before all the Israelites. And the Lord said to Moses, How long will this people provoke (spurn, despise) Me? And how long will it be before they believe Me [trusting in, relying on, clinging to Me], for all the signs which I have performed among them?” (Numbers 14:1-11, *AMP*).

Murmuring and complaining is evidence of unbelief. Just like the children of Israel grumbled and actually cried out to return to Egyptian bondage, the devil wants you to return into bondage. He wants to make it look like what God promised has not been made available to you. He wants to deceive you into thinking that you were in a better place before God delivered you. He wants to deceive you into thinking it's better to go back to self-effort and dependence on your performance. But, I'm telling you that it's better to stay in this way of grace and trust God.

Refuse to be one of those people who gives an evil report, like the children of Israel did. An evil report is a report that contradicts the report of the Lord. Don't fear the giants in your life. God will give you a land that flows with milk and honey. Don't let panic come in and cause you to have groundless fear—something that hasn't even happened. You actually provoke God when you don't believe Him. Numbers 14:23 says, "Surely they shall not see the land which I swear unto their fathers, neither shall any of them that provoked me see it." Do you see the frustration that God had with the children of Israel? All they had to do was rest, believe and go into the Promised Land. It limits God when we won't believe and rest.

Hebrews 3:7-11, *AMP*, says, "Therefore, as the Holy Spirit says: Today, if you will hear His voice, Do not harden your hearts, as [happened] in the rebellion [of Israel] and their provocation and embitterment [of Me] in the day of testing in the wilderness, Where your fathers tried [My patience] and tested [My forbearance] and found I stood their test, and they saw My works for forty years. And so I was provoked (displeased and sorely grieved) with that generation, and said, They always err and are led astray in their hearts, and they have not perceived or recognized My

ways and become progressively better and more experimentally and intimately acquainted with them. Accordingly, I swore in My wrath and indignation, They shall not enter into My rest.”

A hardened heart is a heart of unbelief. It’s a heart that will not be flexible to walk in what God promised. You have a choice when God speaks; you can consider the promise, or you can consider the problem. What you don’t give your attention to, is what you’re going to be hardened to. Your heart turns from God when you don’t believe.

God wants to lead you into your promised land. Healing is your promised land! Prosperity and success is your promised land! Deliverance from anything that has you bound is your promised land! The only thing that’s going to stop you from entering into His rest is unbelief in His promises and in the finished works of Jesus. The Word says unbelief is evil. “Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God” (Hebrews 3:12).

God is looking for people who will believe Him enough to go ahead and receive what He has already done. Is that you?





## Chapter 4

# How Supply Will Follow Belief

The supply of the finished works of Jesus Christ will always follow belief. Belief is a knowing. It's a peace. It's a rest. You can tell when you're around people of faith because they're not walking around drama-filled, frantic, or worried. They believe whatever they need is already done, and they act like it's done.

So, let me ask you some questions. How would you act if whatever you need in life were to appear in front of you right now? How would you carry yourself if you saw the manifestation right now? The point I'm trying to make here is this: that's how you're supposed to carry yourself every day of your life, like you already have the manifestation of what God has promised. You're supposed to act like everything Christ died for you to have has already manifested. That's called faith. It's corresponding with what has already been done, even though it hasn't materialized yet. Until we start conducting ourselves this way, or until we start cooperating with the finished works of Jesus Christ, we won't have authority over the supply.

During the civil rights movement, people were willing to put their lives on the line for what they said they believed. Freedom was something they were willing to die for. Their actions corresponded with what they said they believed. You can't say you really believe something and not correspond in some way. When something's available to you, you cooperate and you respond in order to take possession and ownership of it.

A beautiful illustration of this is the woman in the Bible with the issue of blood. “And a certain woman, which had an issue of blood twelve years, And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse, When she had heard of Jesus, came in the press behind, and touched his garment. For she said, if I may touch but his clothes, I shall be whole. And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague. And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes? And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me? And he looked round about to see her that had done this thing. But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth. And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague” (Mark 5:25-34).

When Jesus said “Who touched me?” (vs. 30), He was talking about “supply.” Who touched His “supply”?

Think with me now. You’ve got a woman with an issue of blood showing up in public. It was illegal for her to be out in public. She could’ve been stoned to death because of her issue of blood. But her belief caused action. She believed Jesus could heal her, and used her faith to correspond with what she believed, to such a point that it moved her to risk being stoned to death. But she believed so much that Jesus could heal her that she showed up ready to put her life on the line. What’s the message here? You need to die to yourself completely. You can’t be afraid to put something on the line in order to get what you believe to receive

from God. If you're in bondage to people, or your reputation, you're not ready yet for manifestation.

It seems that Jesus allowed His ministry to be under the control of whoever would believe. When the woman with the issue of blood touched Him, and He knew that virtue had gone out of Him, the Bible says He turned (Mark 5:30). We've been thinking that we have to talk God into doing something for us. But that's not the case. If belief shows up, He moves! If belief shows up, He follows! If belief shows up, He turns!

Your belief connects you with the supply of the Spirit. There will be different things that come and try to infect your belief. But you've got to hang onto what you believe. I don't care what it looks like or what it sounds like. Just keep saying what you believe! Keep thanking and praising God for what He's already done. You're the Believer, and God is your supply! Only Believe! (Mark 5:36). Jesus is your "supply house." Whenever things come up in your life that you can't figure out, set your sights on Jesus—set your sights on your supply house. Open your mouth and declare that Jesus is everything you need. Don't try to do what He's already done. Receive and rest in the finished works of Jesus Christ.



## Chapter 5

# Labor to Rest

In this last chapter, I want to share with you some practical ways of how to enter into God's rest. Earlier, I mentioned that casting down unbelieving thoughts is labor. I want to reinforce that point as I wrap up this book.

Your mind is a battlefield. You win or lose a fight in your mind. It is one of the most powerful weapons the devil uses against Believers; he bombards your thoughts with reasonings, suggestions, and deceptive lies that contradict God's Word. But you can't just sit there and have a "mind/sword" fight. You don't take authority over your thoughts with thoughts; you take authority over your thoughts with words. If all hell is breaking loose in your home, marriage, family, children, wherever, you have to open your mouth and speak the Word only!

Here's how you handle a particular situation that's robbing you of your peace of mind. Open your mouth and say, "Alright Lord, I'm going to go to sleep tonight and I'm not going to worry about anything. And while I sleep, You're going to prepare my next 24 hours."

When you wake up the next day, say, "Father, thank You so much that my next 24 hours have been prepared. I'm ready to go to work now and everything is going to be good. No matter what happens today, it's all well because God has prepared it."

Now, suppose at the end of the day it didn't turn out like you thought. It seems like you didn't have any victory that day! It seems like you really didn't have any increase that day. But listen: that obviously was not THE DAY for that to happen! That was

THE DAY to stretch you! That was THE DAY for you to develop more patience and long-suffering. God knows how to use every day to prepare you for THAT DAY! So learn how to rejoice in every day! Every day declare, “This is the day that the Lord has made. I will rejoice and be exceedingly glad in it” (Psalm 118:24). It might not have been the day where you had the parade, but it was the day that you were rehearsing, and preparing, and making the mistakes so that you would be prepared for the day of the parade. It may be a little harder one day than another, but just say, “Lord, I thank You that I made it through that day, and that I got something out of that day that has equipped me for another day.”

Hebrews 4:10 says, “For he that is entered into his rest, he also hath ceased from his own works.” If you’ve entered into God’s rest, you cease from your own works. For example, if you’ve truly entered into God’s rest, and are resting in the truth that healing has already been made available to you, you cease from trying to do anything to get God to heal you. Once you accept that deliverance has already been made available to you, you cease from trying to get God to do something that He has already done.

Genesis 2:2 tells us, “And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.”

Why did God cease from His works and rest on the seventh day? He was finished. He was done. He didn’t cease from His works because He was tired. He ceased from His works because He was finished. So if we believe in the finished works of Jesus Christ, then we’ll cease to work, or do things to try to get God to do what He’s already done. The key here is to believe that it’s already done. Simply believe in the finished works of Jesus Christ. Believe that healing is a finished work. Believe that prosperity

is a finished work. Believe that deliverance is a finished work. Believe that all of the redemptive works of Jesus Christ are already finished. It is already done. Rest, and only believe.

## Prayer

“In the name of Jesus, I am a Believer. I believe God! I believe His Word! I receive His promptings and I walk in His way. I’m not moved by what I see, I’m not moved by what I hear, I’m not moved by the doctor’s report, I’m not moved by the balance of my financial accounts. I’m only moved by the Word of God. Jesus is more than enough for me. Jesus is my supply house! Because I believe that He’s my supply, my needs have to disappear, for the supply of Jesus will always follow faith and belief. I refuse to be like the children of Israel whose carcasses fell in the wilderness because of their unbelief. I trust in the finished works of Jesus Christ. Father, I trust in Your promises. I trust in what You said You have already made available to me. Father, help me to identify areas where I walk in unbelief. I will not have a hardened heart toward what You have promised. I enter into Your rest right now. It’s a finished work. Everything is done. I believe it, and I receive it right now. I will not distrust it. Thank You for giving me rest. Show me the power of entering into Your rest. I was not created to carry the cares of this world in my life. That’s on You, Father. So, whatever I’m concerned or worried about, I cast all that on You now, because You care for me. I declare that as I learn how to walk and continually abide in Your rest, I prosper and I’m successful in every area of my life. It’s no longer a case of me trusting in myself, my abilities, or my performance—I trust in You and what You have already done on my behalf. I only labor, to rest! In Jesus’ name. Amen!”





# It's to Time Rest!

Many Believers are laboring to get God to do for them what Jesus has already done. They have no idea how to enter into God's rest. In *It's Time to Rest*, Creflo Dollar explains:

- Why everything you need in life is a finished work—it's already done
- How to practically release your faith and access what grace has made available to you
- Why unbelief is evil and how it stops God's supply from reaching you
- How to cease from your works and "labor" to rest

*It's Time to Rest* reveals how to truly believe and trust God and lay hold of all that Jesus Christ bled and died for you to have and enjoy in life!

